

# PATHWAYS TO SPIRIT

Volume 10, Issue 2

Summer 2006

## REMEMBERING “Sacred Voices of the Lakota Nation” We Appreciate Your Support

We wish to thank everyone who attended “Sacred Voices of the Lakota Nation” in April at the Sunrise Ranch in Loveland, Colorado.

Many of you sent word of inspiration and life changes because of the stories and wisdom that you received. Each of the speakers felt your respect and interest in their way of life- including all the struggles. We hope you enjoy some photos from our day together.

Life on the reservation is difficult and your financial support is urgently needed. Pathways to Spirit is an all volunteer organization. 97% of our donations go to program services.

Frank Fools Crow, now deceased Holy Man from the Pine Ridge Reservation said, “Our grandfathers told us that life is a never ending circle and our circle was broken when we were put on the reservation.” Grandfather Fools Crow always urged his people to learn Lakota and non-Indian ways so that they could become self-sufficient and proud once again.

Pathways first step is to help fill ba-

sic needs so families can then move towards self-sufficiency.



The Oglala Sioux Housing Authority is now working with us to help bring more used mobile

homes to the reservation. We have seen first hand how having a home raises a persons self-esteem and brings hope of a better future. Gardens are springing up in back yards and children are playing safely away from government housing projects.

Did you know that our number one request is for help with propane and electricity? Winter will come back faster than you may think and we would like to have a good reserve ready for help. Our goal is to raise \$15,000 for propane distribution this winter. The winters in South Dakota are very long and very, very cold.

We continue our work on the Children’s Library and things are slow but we have recently received news that a small town in Colorado is

building a larger library and may be giving us their entire children’s library contents. We are working on securing the land and agreements with the people of Porcupine that are needed to move forward.

Many of you heard the good words from the Lakota spiritual leaders back in April and now we ask that you really dig deep and support our efforts to help their people.

Giving is based on a voluntary action for the common good. It is the tradition of giving and sharing that is primary to the quality of life for all people. Our organization does not receive government money or large grants from national foundations. We depend solely on your generosity. The Lakota have a very beautiful culture and a lineage to be very proud of. The ancestors walked with dignity and pride and had great courage to save the traditional ways for their grandchildren.

Pathways to Spirit is dedicated to preserving this culture through our many programs that are presently in place and many more that need your assistance. We ask that you to continue to remember us in our tenth year and far into the future!

## Plenty of Ways to Help!

There are so many ways you can help our efforts without actually putting out any additional funds. Go to our web site at [www.pathwaystospirit.org](http://www.pathwaystospirit.org) and click on “Ways to Help”. There you will see many companies for on line shopping for everything from books to clothing, flowers, etc. If you go into these shopping sites from our web page and make a purchase, Pathways to Spirit receives a small commission. If you order books on line through Amazon or Barnes and Noble, navigate to their web sites through ours and again, we receive a portion of your purchase. It’s easy and it all adds up to help our general operating budget.

Call (970)282-8573 or email [pathwaystospirit@comcast.net](mailto:pathwaystospirit@comcast.net) to receive your Albertson’s Community Partner Card.

# LALE GUREL METZINGER MEMORIAL FUND

## A Gift for the Juvenile Detention center on the Rosebud Reservation

Pathways would like your help in creating a sewing program for the new Juvenile Detention Center in Rosebud, SD.

The vision of this center is to keep incarcerated Lakota youth on the reservation. Here they can see their families and receive counseling, education and training while at a prison near home and within their own cultural community.

We are working with the family and friends of an inspiring you woman, Lale Gurel, who died of cancer this year. We have started a sewing program at the JDC (juvenile detention center) as a memorial in her name. Lale, who worked for Green Peace International, devoted her life to world peace. For many years she

participated in ceremony on the Rosebud Reservation. The love she shared with her many Lakota friends and their children, her belief in healing for humanity, and her deep sense of beauty, color, and fashion has inspired her friends to set up this program.

The sewing programs established by Pathways, when taught in classroom environments on the reservations, have enabled students to make their own traditional Lakota Pow Wow dance outfits, star quilts and teen clothing. In some cases they make items that can be sold to raise money and develop self-sufficiency.

The programs are using sewing machines to focus the teaching of La-

kota language, history and culture as well as math, art, and machine mechanics and repair. In Lakota culture whole families get involved in making each Pow Wow dance outfit, so these programs bring relations together in creative, traditional learning.

Our goal is to purchase four identical Bernina sewing machines at \$160 each. Other supplies needed are beads, two beading looms, sewing tools, cotton fabric for jingle dress classes, thread, ironing board and iron. All will be purchased wholesale or from the least expensive retail source. The machines, tools, looms and supplies will be given to the JDC during the Hollow Horn Bear Sun Dance on the Rosebud Reservation this summer.

## PATHWAYS WELCOMES SINGER B.J. THOMAS

Pathways is pleased and honored to have *Grammy Award Winning singer B.J. Thomas* as an advocate and sponsor of our projects. He is graciously donating the profits from the sale of his "I Just Can't Help Believing" wrist band to Pathways! If you are interested in purchasing a wrist band, please go to our web site at [www.pathwaystospirit.org](http://www.pathwaystospirit.org) to see the bracelets and place an order. We thank you for your support, not only of us, but also, of B.J.'s recordings.

## COLEMAN GENE MARSHALL SCHOLARSHIP FUND

On April 30th, Coleman Gene Marshall was killed in a tragic car accident after his school prom. Coleman attended Todd County High School on the Rosebud Reservation in Mission, SD. He finished his last semester on the honor roll and was to graduate on May 12th.

Pathways to Spirit has joined with his family and friends to institute an annual scholarship fund in Coleman's

honor. This scholarship is a celebration of his life, a celebration of the love he showed to his family, his love of reading, and his love and pride in the traditional Lakota ways and ceremonies. He was respected for his gentle Spirit as he spoke of the difficult events in his life with an old man's sense of peace and understanding. We celebrate his quick but gentle sense of humor and all the warmth and kindness with

which he showered us.

These funds will be given annually to Native American students attending any school of higher education after high school including technical schools.

Go to our website and click on the "Ways You Can Help" section to donate through Pay Pal or send your earmarked donation to Pathways to Spirit.

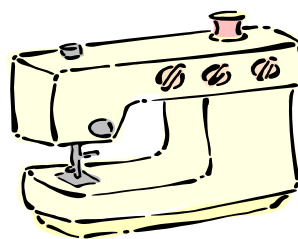
**For your convenience** you can donate to Pathways using Pay Pal or call us to have a monthly donation automatically transferred from your bank to ours. Remember: 97% of all donations go to program services. We are an all volunteer organization and welcome your help and suggestions.

**NEW EMAIL ADDRESS: [pathwaystospirit@comcast.net](mailto:pathwaystospirit@comcast.net)**

# DONATING A SEWING MACHINE?

A heartfelt thank you to our technical repair people Chris Hoover and Trish Miller. Our entire supply of donated, used sewing machines has been repaired now, and they are ready to go to the reservation. These two technicians keep this program strong and successful. Thank you for the many hours you have donated to repairing and tuning the backlog of sewing machines for people who will be happy to use them. While we are blessed to have Chris and Trish working with

us, we've decided to no longer accept donations of old (pre-1990) used sewing machines, except for **Singers**. We simply don't have the financial ability to fix every machine that is donated to Pathways and have found that Singers are by far the most favored machines. They



are very easy to repair and they keep running for years and years. We will continue to take and recondition Singers of all ages. We are also happy to accept donation of new (post-1990), used sewing machines and sergers from any manufacturer.

Thank you for all your support for this program over the years.

## !Volunteers Needed!

*Would you like to volunteer your talents to our efforts?* We really need you and your suggestions. With the internet, we can use your services in many different ways. Can you do any of the following:

- \*Grant Writer
  - \*Web Design and Writing
  - \*Set up and manage an E-Bay Store
  - \*Grant Research
  - \*Furniture Pick Up
  - \*Fundraising
  - \*Special Events Co-coordinator
  - \*Public Relations
- Great ways to use your skills.

## EARTH SHELTER WORKSHOP

Pathways to Spirit is partnering with the non-profit agency, House Alive to teach a group of people on Pine Ridge Reservation how to realize their dream of an affordable and beautiful home.

Students of sustainable living will be coming to the reservation from all over the country to learn how to build

a home from materials that are locally available and mostly free. There will be approximately 25 people attending this workshop that is happening from August 27-September 2.

We are in need of some volunteers to go to the reservation for all or some of the above dates to help with prepar-

ing three meals a day for the 25 students. All the food ingredients will be provided. We are in need of cooks who are willing to cook under more difficult conditions that you may be used to.

If interested please email or phone us as soon as possible.

(970)282-8573

### YES! PLEASE COUNT ME AS A SUPPORTER OF PATHWAYS TO SPIRIT

4307 Goldeneye Drive, Ft. Collins, CO. 80526 (970) 282-8573 www.pathwaystospirit.org email: pathways@webaccess.net

Please make your tax-deductible donations payable to: Pathways to Spirit

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

Enclosed is my contribution of \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ Other

Earmark my contribution for: General Operating Budget \_\_\_\_\_ Moving Mobile Homes \_\_\_\_\_

Native American Sewing Project \_\_\_\_\_ Seven Keys to Success for Children \_\_\_\_\_ Propane \_\_\_\_\_ Electricity \_\_\_\_\_

Coleman Marshall Scholarship Fund \_\_\_\_\_ Lale Gurel Metzinger Memorial Fund \_\_\_\_\_

**PLEASE NOTIFY US OF ANY ADDRESS CHANGE.**



A COLORADO NON-PROFIT CORPORATION

4307 Goldeneye Dr.

Ft. Collins, CO 80526

[www.pathwaystospirit.org](http://www.pathwaystospirit.org)

Email: [pathwaystospirit@comcast.net](mailto:pathwaystospirit@comcast.net)

## GIVING CHILDREN THE SEVEN KEYS TO SUCCESS

A Program To Unlock the Potential of Reservation Children

Recently, we met an amazing woman, Judy Zerafa, who leads the Go For It Foundation. Their focus is on unlocking the potential of children of any age, gender or economic circumstance by providing a powerful immunization against self-defeating behavior. As we sat and listened to her program we knew it would be one that could benefit the reservation children.

The reservation is a very difficult place for children. There are few programs available to keep them away from drugs and alcohol. We have been searching for such a program for a very long time.

We need a minimum of 60 children at **\$175 per student** as well as expense money for the program leaders. **The total is around \$10,000.**

This program gives children a blueprint, as well as the necessary tools, for building personal success.

- **Positive Attitude** - Teaches why attitude is important; what aspects of life attitude controls, & how to establish a positive attitude as a permanent habit.
- **Belief In Yourself** - Identify & develop unique talents and abilities that comprise your potential
- **Making Wise Choices** - Teaches the truth about how you are making choices that are directing your life & what you can do to change choices.
- **Power of Your Subconscious Mind** - Teaches how habits are formed & a simple method for

changing self-defeating behaviors.

- **Setting & Achieving Goals** - Students learn to distinguish between a wish & a true goal.
- **Using Your Creative Imagination** - A technique for simplifying problem solving & goal achievement.
- **Persistence** - A method for staying on track despite challenges.

60% of children on the reservation drop out of school by 8th grade. Please consider funding this worthwhile program with a proven track

Please consider sponsoring a child/children with a donation of \$175?